

## What is We Grow

We Grow is a produce farm in northern Taylor County providing organic vegetables in a **community supported agricultural (CSA)** system.

In a CSA system, consumers pre-purchase shares of produce that will be distributed during the May through October growing season. There are a variety of share options based on your needs. The pre-purchase not only allows the grower to determine **how much to plant**, but also provides the **capital** needed early in the season to get the crops in the ground.

## Why We Grow

We Grow organic food for many reasons. Obviously, we are passionate about good food. But we also believe that food grown without pesticides, herbicides, and other chemicals should be available locally and within the financial means of those who live in the area.

Food grown in high intensity agriculture operations thousands of miles away is not a sustainable food distribution system.

The farm to table connection benefits the consumer by providing the freshest food with the minimum carbon foot print created in transport. At We Grow, our sustainable growing techniques ensure that each year we will be able to maintain the same level of production without the input of chemicals or genetically modified seed.

And when you buy from a family operation, your money stays in our area.



*We Grow COUPLE SHARE delivered on July 10, 2014. Included zucchini, red potatoes, parsley, green and wax beans, beets, bok choy, red onion, basil and garlic.*

## TALK TO US

MOBILE/TEXT: 715-905-0431

LANDLINE: 715-427-1002

EMAIL: [farmer@wegrowfoods.com](mailto:farmer@wegrowfoods.com)

MAILING ADDRESS:

N7975 Zimmerman Rd  
Westboro, WI 54490

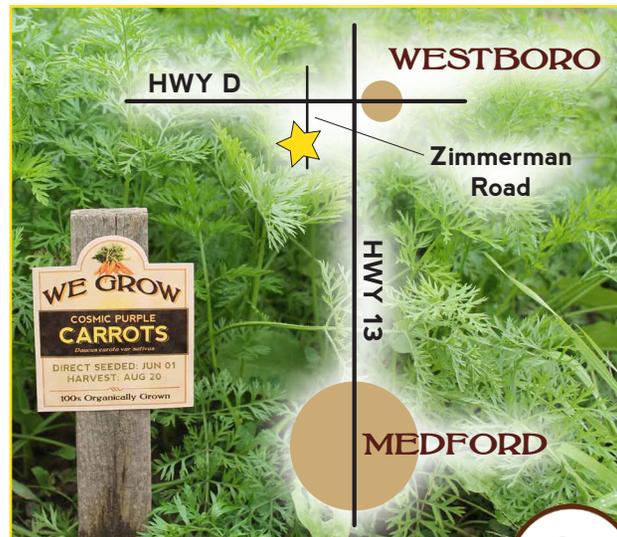
WEB: [wegrowfoods.com](http://wegrowfoods.com)

JOIN THE FARM CONVERSATION AT:   
[www.facebook.com/wegrow](http://www.facebook.com/wegrow)

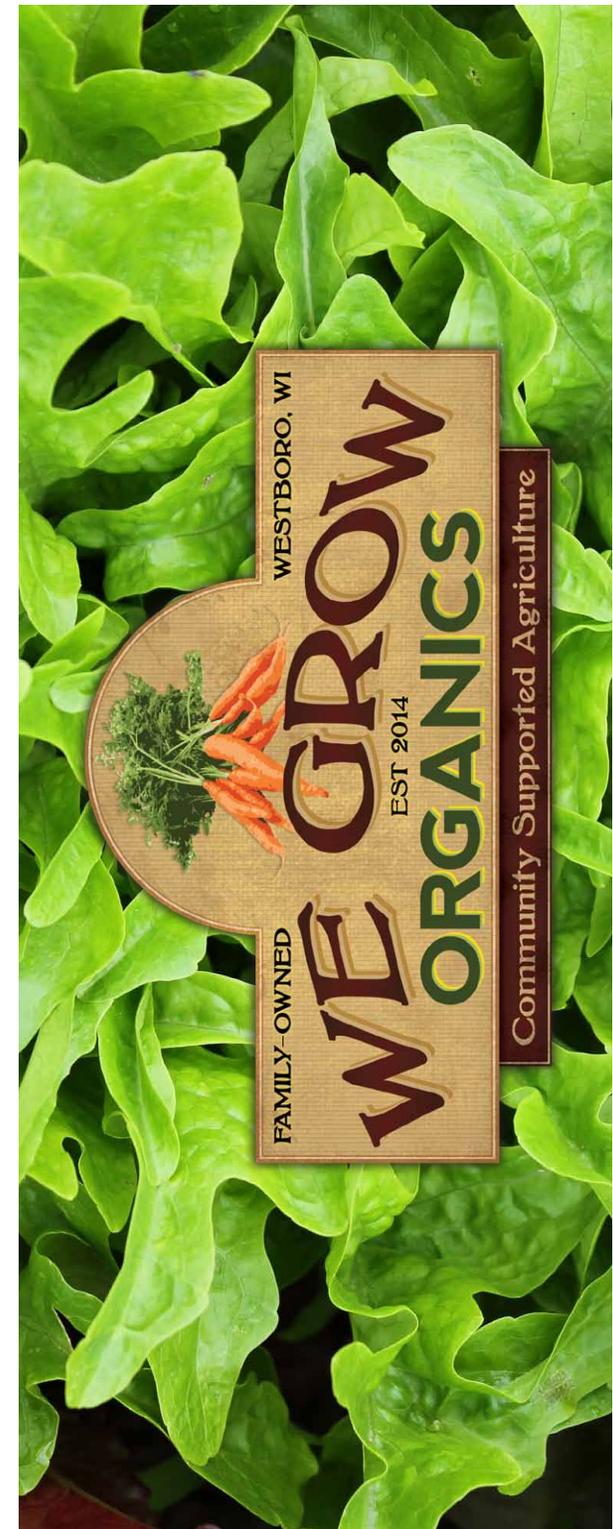
## Come Visit We Grow

We love to spend time touring the farm with our friends and supporters, so help us make the most of your visit by calling ahead to be sure we are available.

**DIRECTIONS:** From state highway 13, take county road D west two miles. Then turn south on Zimmerman Road and go two miles to our farm.



*\*ORGANIC CERTIFICATION PENDING. USDA Organic Certification is based on spring inspection. We Grow is on track to be officially certified in early 2015. Our farm has utilized organic growing procedures for a number of years and we're excited to make it official!*



# FARM SHARES

Learn more at

[wegrowfoods.com](http://wegrowfoods.com)

You are considered a member of our farm when you join our CSA at any share level. Benefits of your farm membership include:

- **First you-pickers.** Members will be notified and scheduled ahead of the general public for all you-pick opportunities. This will include green beans, peas, cucumbers, tomatoes, and more. Sign up for you-pick notification on your CSA sign-up form.
- **Add-ons.** Members will receive a list of the veggies in their weekly share as well as what we have available on the farm that is not in the crate. Check out the list and let us know what you would like to add-on. We deliver add-ons with your share to your pick-up location.
- **Part of the farm.** Members will receive weekly newsletters in their shares with recipes and information about what's in their crate as well as what's happening on the farm. Know the farm, know your food!

## CSA Share Levels

Membership share prices are the total amount for the entire June thru October twenty-week CSA season unless indicated. See [wegrowfoods.com](http://wegrowfoods.com) or the CSA sign-up form for complete details and pick-up locations.

### **FAMILY (3/4 bushel 20 weeks) \$535**

A large box of 8-12 different vegetables for the entire regular growing season. This is a good amount for a family of four or couple who likes to load up on veggies.

### **COUPLE (1/2 bushel 20 weeks) \$375**

A medium size box with a little better than half the amount of a family share. Includes 8-10 different items. Good for two people or to supplement a hobby garden.

### **SINGLE (1/4 bushel 20 weeks) \$200**

Small quantity intended for one person who only needs a few items each week.

### **END OF SEASON (one-time October) \$70**

Continue your healthy, local eating through the winter with this bounty of root veggies, winter squash, and one last round of fall greens.

### **WORKER SHARE \$0**

Let us know if you are interested in working in exchange for a share at any level. Hours are scheduled when we need help on the farm. Contact us for details.



*This couple share in August 2014 included broccoli, cucumbers, onion, garlic, kohlrabi, carrots, zucchini, beans, herbs, and an heirloom tomato.*

### **PRE-SEASON VOUCHER spend \$100, get \$115**

Become a member of our farm without the weekly commitment. Consider pre-purchasing We Grow credit vouchers. You earn extra \$\$ to spend on our fresh produce that you can choose from at the farmer's market or on our farm throughout the year. By investing in vouchers, the farm gets income at the outset of the season in true CSA fashion. Must be purchased by March 1.

**EARLY-BIRD DISCOUNT by March 1** details on CSA form

## Additional Offerings

### **GIFT BOX \$29 each**

Share the gift of good food. Includes 3/4 bushel of the produce. Purchase our hand-made veggie crate for an additional \$12 or packed in a waxed cardboard produce box. Ask us about additional gift options.

### **PRE-SEASON VOUCHER spend \$50, get \$55**

Same as voucher above, but this amount does not include membership you-pick priority.

### **GIFT CERTIFICATES any amount**

Can be used at the farmer's market, on our farm or towards the purchase of a CSA share. Expires one-year from purchase and cannot be refunded if lost.

## The We Grow Family

We Grow is a small-scale, family farm. The title of chief gardener is on Rebecca, the mother, wife, leader of the team. Husband, Eric gets to do the dirty work. Literally. Playing roulette with the weather in preparing and caring for the soil to coincide with the chief's rigorous succession planting schedule. Youngsters on hand, Gus and Dene, assist with seeding, harvesting and making sure our products are kid approved.

We Grow has a host of volunteers - our family, friends, and members - who help on the farm when the work gets heavy. Don't hesitate to ask us about volunteering.



## The We Grow Farm

What is different about We Grow farm? The techniques used to produce your food allow us to not rely on chemicals. We call this sustainable agriculture.

- Carefully planned crop rotation reduces disease and pest infestations. It also prevents soil nutrient depletion.
- Annual cover crops are planted over areas not in vegetable production. This gives the soil a rest period, prevents erosion and improves fertility when they are worked into the soil.
- Animal manures produced on our farm are composted and distributed in correlation with our planting schedule to maximize soil fertility.