

FARM SHARES

Learn more at wegrowfoods.com

You are considered a member of our farm when you join our CSA at any share level. Benefits of your farm membership include:

- **Add-ons.** Members will receive a list of the veggies and herbs in their weekly share as well as what is available on the farm that is not in the crate. Check out the list and let us know what you would like to add-on. We deliver add-ons with your share to your pick-up location.
- **First you-pickers.** Members will be notified and scheduled ahead of the general public for all you-pick opportunities. This will include green beans, peas, cucumbers, tomatoes, and more. Sign up for you-pick notification via email on your CSA sign-up form.
- **Part of the farm.** Members will receive weekly newsletters in their shares with recipes and information about what's in their crate as well as what's happening on the farm. Know the farm, know your food!

2017 CSA Share Levels

Membership share prices are the total amount for the entire June thru October 18-20 week CSA season unless indicated. See wegrowfoods.com or the CSA sign-up form for complete details and pick-up locations.

FAMILY (3/4 bushel 18-20 weeks) \$530
A large box of 8-12 different vegetables for the entire regular growing season. This is a good amount for a family of four or couple who likes to load up on veggies.

COUPLE (1/2 bushel 18-20 weeks) \$370
A medium size box with a little better than half the amount of a family share. Includes 8-10 different items. Good for two people or to supplement a hobby garden.

END OF SEASON (one-time October) \$70
Continue your healthy, local eating through the winter with this bounty of root veggies, winter squash, and one last round of fall greens.

PRE-SEASON VOUCHER spend \$100, get \$110
Become a member of our farm without the weekly commitment. Consider pre-purchasing We Grow credit vouchers. You earn extra \$\$ to spend on our fresh produce that you can choose to use at the farmer's market or on our farm throughout the year. By investing in vouchers, the farm gets income at the outset of the season in true CSA fashion. Must be purchased by March 1.



Late season produce in November 2016 included brussel sprouts, tomatoes, green beans, radishes, tatsoi, rainbow chard, cabbage, broccoli, kales and more.

WORKER SHARE \$0
Let us know if you are interested in volunteering in exchange for a share at any level. Hours are scheduled when we need help on the farm. Contact us for details.

REFERRAL PROGRAM *details on CSA form*



We keep bees at We Grow to improve pollination of our crops and enjoy sharing the sweet harvest of honey.

The We Grow Family

We Grow is a small-scale, family farm. The title of chief gardener is on Rebecca, the mother, wife, leader of the team. Husband, Eric gets to do the dirty work. Literally. Playing roulette with the weather in preparing and caring for the soil to coincide with the chief's rigorous succession planting schedule. Youngsters on hand, Gus and Dene, assist with seeding, harvesting and making sure our products are kid approved.

We Grow has a host of volunteers - our family, friends, and members - who help on the farm when the work gets heavy. Don't hesitate to ask us about volunteering.



The We Grow Farm

What is different about We Grow farm? The techniques used to produce your food allow us to not rely on chemicals. This is called **sustainable agriculture**.

- Carefully planned crop rotation and companion plantings reduce disease and pest infestations. It also prevents soil nutrient depletion.
- Annual cover crops are planted over areas not in vegetable or grain production. This gives the soil a rest period, prevents erosion and improves fertility when they are worked into the soil.
- Animal manures produced on our farm are composted and utilized in correlation with our planting schedule to maximize fertility and minimize expense.

What is We Grow

We Grow is a produce farm in northern Taylor County providing organic vegetables in a **community supported agricultural** (CSA) system.

In a CSA system, consumers pre-purchase shares of produce that will be distributed during the growing season. There are a variety of share options based on your needs. The pre-purchase not only allows the grower to determine **how much to plant**, but also provides the **capital** needed early in the season to get the crops in the ground.

Why We Grow

We Grow organic food for many reasons. Obviously, we are passionate about good food. But we also believe that food grown without pesticides, herbicides, and other chemicals should be available locally and within the financial means of those who live in the area.

Food grown in high intensity agriculture operations thousands of miles away is not a sustainable food distribution system. Not to mention, the **farm to table** connection benefits consumers by providing the freshest, most nutritious food with the minimal transport.

At We Grow, sustainable growing techniques and proper care of our soil ensure that each year we will be able to maintain the same level of production without relying on the input of chemicals or genetically modified seed.

And when you buy from a family operation, your money stays in our area.



Farm members get first opportunity to purchase processing tomatoes and other preservation vegetables. Our mix of heirlooms tastes incredible in sauce!

TALK TO US

MOBILE/TEXT: 715-905-0431

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EMAIL: farmer@wegrowfoods.com

MAILING ADDRESS:

N7975 Zimmerman Rd, Westboro, WI 54490

WEB: wegrowfoods.com

JOIN THE FARM CONVERSATION AT:

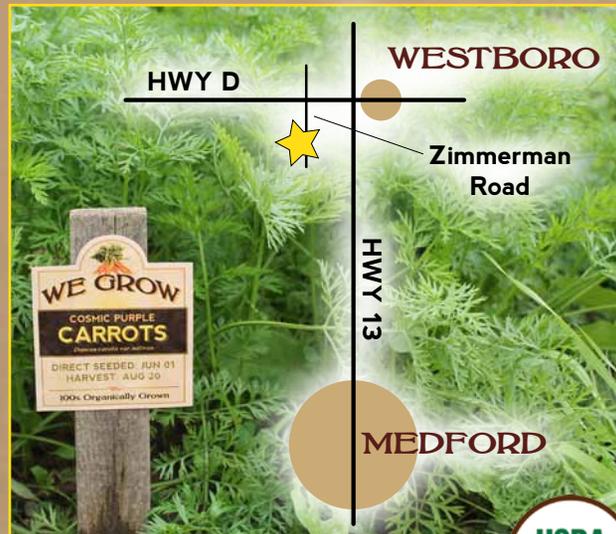
www.facebook.com/wegrow



Visit the We Grow Farm

We love to spend time on the farm with our friends and supporters, so help us make the most of your visit by calling ahead to be sure we are available. We rely on help from volunteers, whether every week or once per season. Just let us know when you can come out and get some fresh air. Gardening is good for the soul!

DIRECTIONS: From state highway 13, take county road D west two miles. Then turn south on Zimmerman Road and go two miles to our farm.



**ORGANIC CERTIFICATION PENDING. USDA Organic Certification is based on spring inspection. We Grow is on track to be officially certified in 2016. Our farm has utilized organic growing procedures for a number of years and we're excited to make it official!*



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